

What people say



We go out of our way to get feedback from the people we support and from other agencies and any feedback is used as a way of finding out what works well and what we need to improve.

Over 98% of people accessing our services rate us as 9/10 or 10/10 for the support they received.

"Never underestimate the importance of the role you all played in helping to change the lives of my children and I. My journey began with two suitcases, one refuge and a long struggle but ultimately ends somewhere very beautiful. The smile I wear today is more than I could of ever truly hoped for. Thank you."

Jane, Harrogate refuge

"You go out of your way to find the best solutions for agencies and for individuals. IDAS really does offer a Rolls Royce service".

Senior Social Worker, Selby

"I was told I was stupid or fat or ugly. I wasn't allowed to go out. I wasn't allowed to wear the clothes I wanted. I wasn't allowed to see my friends. I was bullied. My money was stolen. I was threatened. My life had been taken from me."

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The support I received was so positive and I couldn't rate this with a score. How do you calculate the gift of being restored to life? ”

"After four years something snapped when I got home from work and the house had been smashed up. I left the flat with my daughters and some carrier bags and never looked back. Through my GP I was referred to IDAS. I was so tired and anxious all the time but my support worker helped me with everything. She helped me deal with one problem at a time and together we sorted all the practical things like housing and finances. Most importantly, she understood, she listened and she made me see that things were not my fault. Through IDAS I feel we have got our lives back."

Sarah, York outreach

"I received support from IDAS over a twelve month period. During this time I was helped with everything. My worker listened to me and gave me support on the things I needed. She helped me with court, sorted out housing and benefits and gave me emotional support. The emotional support really helped me understand and recover from the abuse I'd suffered. I cannot say how much I appreciated this. Sometimes, I think without IDAS I wouldn't be here."

Jenny, York outreach

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Since getting support I don't get as angry as much. I don't worry as much and I can talk to my Mum more. ”



To give me back myself is the most amazing gift I could ever have been given."

Meg, York refuge



"I was in an abusive relationship for seven years. I didn't realise how bad it was until it felt all too late to make it stop. I was totally lost and didn't know who I was anymore. I thought most of the problem was me and that I couldn't make it better because I wasn't trying hard enough. At the end of the day it just wasn't what I'd planned for my life or my kids. I knew I had to get out of it but just didn't know how and then one day I just did."

"I wouldn't have been able to cope or manage without IDAS. I probably would have gone back because I didn't realise how bad the situation was. I was so worried that people would not believe me or judge me but I couldn't be more wrong. I've been so lucky with the people who have helped me on my journey. To believe me, to listen to me, to give me the strength to know that I can do it and that I'm not alone."



Annual review 2014

Working to end domestic abuse and sexual violence

Our vision

We believe that everyone has the right to live a life that is free of fear, violence and abuse and we will continue to strive to ensure that victims have access to high quality advice, support and accommodation in the coming years.



ISVA (Independent Sexual Violence Advisor) services. We support up to 800 families a year through this service, many of whom are going through the court process.

Outreach support

Our outreach services support families and individuals throughout North Yorkshire. This includes safety planning, emotional support, access to legal help, housing and benefits. As well as one to one work we provide support groups for victims and survivors.

Children and young people

Children and young people are often the forgotten victims of domestic abuse. Through our Advocacy and Respect services we aim to give them a voice and help them overcome the trauma of witnessing domestic abuse.

IDAS Respect programme works with the whole family to support and challenge young people who are starting to become abusive.

What we provide

Refuge and accommodation

We provide two refuges and four self-contained flats in York and Harrogate accommodating up to 22 families at any one time. The accommodation is high quality and families living in the refuge share communal facilities but have their own bedrooms and bathrooms.

IDVA and ISVA

In November we were successful in winning a countywide contract to provide IDVA (Independent Domestic Violence Advisor) and

Awareness and training

IDAS was the first organisation to develop on-line domestic abuse awareness training and this is completed by over 50 professionals each month. We also provide face to face training to practitioners and managers to build greater awareness of the causes and impacts of domestic abuse.

Website, Facebook & Twitter

Our website was visited by 90,000 people last year and over the next few months we will be updating the content and design of this. We continue to build our Facebook and Twitter presence.



Helplines

We run two helplines - our domestic abuse helpline and rape support line. We plan to merge these next year and deliver one, 24 hour line to support all victims and survivors.

Helpline:

03000 110 110

The future

We are excited that within the next few months, we will be able to deliver a 24 hour helpline for all victims of domestic abuse and sexual violence.

We have just developed a 15 week voluntary perpetrator programme which will be rolled out widely when we have reviewed and evaluated its success.

We continue to find new ways of engaging victims at the earliest point in an abusive relationship and intend to work even more closely with the police and schools to ensure that this is effective.

We will be recruiting for a new Volunteer Coordinator to help us establish a new peer mentoring scheme across the county.



Our finances

Like all responsible charities we have concerns for the future. We therefore try to find a balance between keeping reasonable reserves which currently amount to 7 months running costs with spending on the vital services we provide.

Full copies of our accounts are available on our website: www.idas.org.uk

Thank you

This year we have received a huge amount of charitable funding which amounts to over £90,000. This money comes from individuals, church groups, private companies and trusts and is vital to our future.

Every single donation is important to us and to the people we support so we'd like to say a very big thank you to you all.



Facts & figures

1 in 3 women are victims of domestic abuse or sexual violence in their lifetimes.

90% of children who live in households where domestic abuse is taking place are aware that it is happening.

Women aged 16 – 24 are most at risk of domestic abuse and sexual violence.

70% of adults with enduring mental health illnesses have been the victim of domestic abuse or sexual violence as children or in adulthood.

We received over 2700 referrals in 2014 and provided long-term support for over 1,000 families.

We train nearly 1,000 professionals each year to recognise the signs of domestic abuse and provide support appropriately.