Refuge and accommodation
We provide two refuges and four self-contained flats in York and Harrogate accommodating up to 22 families at any one time. Families living in the refuge share communal facilities, but have their own bedrooms and bathrooms.

Support in the community
We work across North Yorkshire providing support to male and female victims who are living in their own homes. This includes safety planning, access to legal help, support to court, advice on housing and benefits and emotional support. We also run 'freedom programmes' with female victims. These are support groups that help victims build social networks and recover from the effects of living with domestic abuse.

Children and young people
In York & Harrogate we offer individual support to children aged 5 and over. This can last up to 18 weeks and helps children overcome the negative impacts of living with domestic violence.

Rape support
We run a county-wide helpline for people who've been raped or sexually assaulted and who want to talk in confidence to someone about what's happened. We also provide one to one support, including support to court and referrals to specialist counsellors.

Awareness and training
We provide training to a range of agencies and can tailor this to meet an agency's individual needs. Our essential on-line training was completed by over 600 professionals last year and receives excellent feedback. Our website now attracts over 1500 new visitors each month.

Work with perpetrators
We make referrals to our partner agencies so that perpetrators can access accommodation and support. We also have fully trained members of staff who co-facilitate the IDAP (Integrated Domestic Abuse Programme) with probation officers.

Facts & figures
3 people a week are murdered by a current or former partner. The majority of these are women.
90% of children who live in households where domestic abuse is taking place are aware that it is happening.
60% of women with long-term mental health illnesses have been the victim of domestic abuse or sexual violence. Many men who have chronic mental health problems have also suffered domestic abuse and sexual violence when they were children.
We received over 2,000 referrals this year. A large number of people wanted short-term support - advice or legal information. However, over 700 people needed longer-term support which we are able to provide for up to 2 years.
We provided emergency accommodation for over 50 families during the year - the majority stay in our refuges for just over 6 months. Over 300 families were referred to our refuges.

The future
We are committed to improving access to the services we offer and have plans to develop a free helpline for anyone who is experiencing abuse.
We also hope to be able to do more work in the future to prevent domestic abuse. The only way that we will rid our society of this insidious social problem is by educating and supporting the adults of the future. To this end we are committed to working with schools and developing even more support services for children and young people.

Our finances
Like all organisations we have concerns for the future. We therefore try to find the balance between keeping reasonable reserves which currently amount to about 7 months running costs with spending on the vital services we provide. Full copies of our accounts are available on request, please email us at info@idas.org.uk

Thank you
We receive donations of money, clothes and voluntary help from so many people, church groups, trusts and organisations. Every donation is important to us and to the people we work with, so we’d like to say a very big thank you to you all.

Annual review 2011/12
Working to end domestic abuse and sexual violence
Anita, a single mum, met Paul twelve years ago. He had a criminal record for violent offences and was a chaotic drug user. He hid this from Anita and there was no violence in the relationship until Paul moved in with the family. After this point Anita was subject to extreme and intimidating behaviour. As the relationship proceeded Anita became addicted to heroin and eventually her children went to live with their father due to their fear of Paul. Anita was referred to IDAS through her GP when she confided in him what had been happening. She continues to receive occasional emotional support from IDAS and has also helped me build new friendships. “All in all I am much happier, settled and confident than I was and finally woke up looking forward to things rather than feeling scared and miserable.”

For 12 months, Anita received intensive support from IDAS including crisis planning and structured support to help improve her self-esteem. We referred her to a local drug support service to help her with her addiction to heroin.

Multi-agency meetings were held to discuss the case and plans were drawn up to reduce the risk of Paul harming Anita in the future. Safety measures including panic alarms and fire safety equipment were put in place. A life-long restraining order was granted for Anita meaning that Paul could be arrested if he ever made contact with her.

Since these steps have been taken, Anita has had no contact with Paul. She continues to receive occasional emotional support from IDAS and her relationship with her children has been renewed. She tells us that she is relieved that the relationship is over but she still lives in fear that Paul will find her and hurt her.

Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

Multi-agency meetings were held to discuss the case and plans were drawn up to reduce the risk of Paul harming Anita in the future. Safety measures including panic alarms and fire safety equipment were put in place. A life-long restraining order was granted for Anita meaning that Paul could be arrested if he ever made contact with her.

After about 12 months of support Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

Multi-agency meetings were held to discuss the case and plans were drawn up to reduce the risk of Paul harming Anita in the future. Safety measures including panic alarms and fire safety equipment were put in place. A life-long restraining order was granted for Anita meaning that Paul could be arrested if he ever made contact with her.

After about 12 months of support Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

Multi-agency meetings were held to discuss the case and plans were drawn up to reduce the risk of Paul harming Anita in the future. Safety measures including panic alarms and fire safety equipment were put in place. A life-long restraining order was granted for Anita meaning that Paul could be arrested if he ever made contact with her.

After about 12 months of support Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

There were also subject to threats and intimidation. As the relationship proceeded Anita became addicted to heroin and eventually her children went to live with their father due to their fear of Paul. Anita was referred to IDAS through her GP when she confided in him what had been happening. She continues to receive occasional emotional support from IDAS and has also helped me build new friendships. “All in all I am much happier, settled and confident than I was and finally woke up looking forward to things rather than feeling scared and miserable.”

For 12 months, Anita received intensive support from IDAS including crisis planning and structured support to help improve her self-esteem. We referred her to a local drug support service to help her with her addiction to heroin.

Multi-agency meetings were held to discuss the case and plans were drawn up to reduce the risk of Paul harming Anita in the future. Safety measures including panic alarms and fire safety equipment were put in place. A life-long restraining order was granted for Anita meaning that Paul could be arrested if he ever made contact with her.

After about 12 months of support Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

There were also subject to threats and intimidation. As the relationship proceeded Anita became addicted to heroin and eventually her children went to live with their father due to their fear of Paul. Anita was referred to IDAS through her GP when she confided in him what had been happening. She continues to receive occasional emotional support from IDAS and has also helped me build new friendships. “All in all I am much happier, settled and confident than I was and finally woke up looking forward to things rather than feeling scared and miserable.”

For 12 months, Anita received intensive support from IDAS including crisis planning and structured support to help improve her self-esteem. We referred her to a local drug support service to help her with her addiction to heroin.

After about 12 months of support Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

There were also subject to threats and intimidation. As the relationship proceeded Anita became addicted to heroin and eventually her children went to live with their father due to their fear of Paul. Anita was referred to IDAS through her GP when she confided in him what had been happening. She continues to receive occasional emotional support from IDAS and has also helped me build new friendships. “All in all I am much happier, settled and confident than I was and finally woke up looking forward to things rather than feeling scared and miserable.”

For 12 months, Anita received intensive support from IDAS including crisis planning and structured support to help improve her self-esteem. We referred her to a local drug support service to help her with her addiction to heroin.

After about 12 months of support Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

There were also subject to threats and intimidation. As the relationship proceeded Anita became addicted to heroin and eventually her children went to live with their father due to their fear of Paul. Anita was referred to IDAS through her GP when she confided in him what had been happening. She continues to receive occasional emotional support from IDAS and has also helped me build new friendships. “All in all I am much happier, settled and confident than I was and finally woke up looking forward to things rather than feeling scared and miserable.”

For 12 months, Anita received intensive support from IDAS including crisis planning and structured support to help improve her self-esteem. We referred her to a local drug support service to help her with her addiction to heroin.

After about 12 months of support Anita told us that she wanted to end the relationship. She also told us that she wanted to report the violence to the police. She did this and a planned move took place last year. Anita gave a statement to the police. Anita was in a refuge for about 3 months whilst a housing transfer was arranged. In the meantime Paul was arrested for a different offence and received a short prison sentence. Paul was prosecuted for offences against Anita.

There were also subject to threats and intimidation. As the relationship proceeded Anita became addicted to heroin and eventually her children went to live with their father due to their fear of Paul. Anita was referred to IDAS through her GP when she confided in him what had been happening. She continues to receive occasional emotional support from IDAS and has also helped me build new friendships. “All in all I am much happier, settled and confident than I was and finally woke up looking forward to things rather than feeling scared and miserable.”